— Part 1 —

35 Ways to Increase Faith

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1. Act on What You Know Now

"Faith in the Savior is a principle of action and of power. First we act in faith; then the power comes—according to God's will and timing. The sequence is crucial. ... Faith in Christ requires ongoing action for the blaze to continue. Small actions fuel our ability to walk along the covenant path and lead to the greatest blessings God can offer. ... Sometimes we need to make a bow and arrow before revelation comes as to where we should search for food. Sometimes we need to make tools before revelations come as to how to build a ship." -Dale G. Renlund (April 2019 Conference)

Act on the steps or understanding you've been given, trusting that God will show you the next steps at the proper time. Later when you have more faith and a different perspective try not to be too harsh on your past self for not knowing more. Remember we are supposed to learn little by little. Forgive yourself for not knowing what you didn't know before you knew it.

2. Invite God into Your Daily Decisions

"While faith is not a perfect knowledge," Elder Neal A. Maxwell said, "it brings a deep trust in God, whose knowledge is perfect!" Even in turbulent times, faith in the Lord Jesus Christ is gritty and resilient. It helps us sift through unimportant distractions. It encourages us to keep moving along the covenant path." Lisa L. Harkness (October 2020 Conference)

As you plan your day or make other decisions, pray for guidance to make choices that align with eternal priorities. Inviting some of God's wisdom, perspective, and clarity into those moments of planning and decision can help you make sure your time and efforts are focused on what is most important. That certainty can also help you feel better about setting aside and letting go of other things that may seem good, but aren't the right fit at the moment.

3. FOLLOW THE PROPHET'S INVITATIONS

"In the commotion and confusion of our modern world, trusting and believing in the words of the First Presidency and Quorum of the Twelve is vital to our spiritual growth and endurance." -Neil L. Andersen (October 2017 Conference)

Show your trust in God's chosen leaders by reviewing their recent teachings and making an adjustment in your life to more fully follow their invitations.

4. SEE ATTRIBUTES OF CHRIST IN YOUR STUDY

"Having 'a correct idea of [Heavenly Father's] character, perfections, and attributes' is essential to exercising faith sufficient to obtain exaltation. A correct understanding of Heavenly Father's character can change how we see ourselves and others and help us to understand God's tremendous love for His children and His great desire to help us become like Him. An incorrect view of His nature can leave us feeling as if we are incapable of ever making it back to His presence." –Brian K. Ashton (October 2018 Conference)

During your gospel study identify Christ-like attributes in the people and events you read about.

5. IDENTIFY PRINCIPLES

"Learning, understanding, and living gospel principles strengthen our faith in the Savior." -David A. Bednar (April 2021 Conference)

Studying and understanding what principles are and how to find them in your study is the process of understanding the core of Christ's teachings. Stating the message of a scripture in a clear, concise, and complete way can be helpful in separating out the principle. Principles often identify action and consequences following a cause and effect pattern, so they might fit into an "If..., Then..." statement. Being able to recognize these principles clearly makes them more able to be applied in and bring power to your life. These 35 ways to increase faith are also 35 examples of how to pull out principles during gospel study.

6. Choose to Turn to Jesus Christ Even with Doubts

"Choose to believe in Jesus Christ. If you have doubts about God the Father and His Beloved Son or the validity of the Restoration or the veracity of Joseph Smith's divine calling as a prophet, choose to believe and stay faithful. Take your questions to the Lord and to other faithful sources." -Russell M. Nelson (April 2021 Conference)

Faith in Jesus Christ begins with a choice to believe in Him and will be kept strong by a choice to address doubts by choosing to stay faithful by looking for answers in the words of prophets.

7. LOOK FOR THE FAITH-FILLED CHOICES YOU MAKE

"Belief and testimony and faith are not passive principles. They do not just happen to us. Belief is something we choose—we hope for it, we work for it, and we sacrifice for it. We will not accidentally come to believe in the Savior and His gospel any more than we will accidentally pray or pay tithing." -L. Whitney Clayton (April 2015 Conference)

You see what you look for. So look for and recognize faith-filled choices you have made. Then keep making choices which lead you closer to God's way of thinking and His abilities and power.